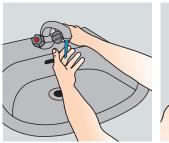
## BF002-50 Estimate of the second seco







Remove any jewellery from hands and wrists to allow effective cleaning. Wet hands with clean water.



2 Apply enough cleanser to ensure it produces a good thick lather.



Rub hands to produce a lather.



Right palm over theback of the left handand vice versa.



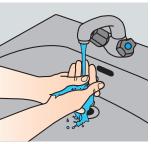
5 Intertwine the fingers of the right hand over theleft and vise versa. Pay particular attention to the areas between fingers and finger nails.



Rotationally rub backwards and forwards with clasped fingers of the right hand in the left palm. Change hands and repeat.



7 Grip the left wrist and work cleanser into the skin. Do the same with the right wrist.



8 Rinse off all traces of lather with clean water.



9 Dry hands thoroughly with a disposable paper towel.



Discard paper towel in waste bin, avoid touching the bin.



Scan me for further product details including COSHH Safety Data Sheet





Ensure any cuts and abrasions are covered with a clean waterproof plaster.

